

## Market Price Information for Mongar from October till date

Sl no	Category	Product	Brand / Trade Name	Country of Origin	Specification (Net weight/ Volume)	Price of Goods		
						Highest	Lowest	Average
1	Rice, Flour & Pasta	Basmati Rice	Zheychem Dangpa	Bhutan	20kg	NA	NA	NA
2		Basmati Rice	Zheychem Chogjur	Bhutan	20kg	1350	1350	1350
3		Basmati Rice	Nawab	India	20kg	1350	1300	1333
4		Basmati Rice	Tibar	India	25 kg	1350	1250	1283
5		Surekha Rice	SK Gold	India	25kg	850	850	850
6		Surekha Rice	SK & Sons	India	25 kg	850	850	850
7		Sortex Rice	Raj Bhog Kumar	India	25kg	1150	1000	1083
8		Flour (Atta)	Amrit Bhog	India	1kg	50	45	48
9		Flour (Atta)	Amrit Bhog	India	5kg	220	200	213
10		Flour (Maida)	Amrit Bhog	India	1kg	50	45	48
11		Flour (Maida)	Amrit Bhog	India	5kg	220	200	213
12		Instant Noodle	Koka (Chicken Flavour)	Singapore	85g	30	30	30
13		Instant Noodle	Maggi (Masala)	India	75g	10	10	10
14		Instant Noodle	Wai Wai (Chicken)	India	75g	10	10	10
15		Instant Noodle	Samyang Ramen (Spicy Chicken)	Korea	140g	90	80	85
16		Veg Noodles	Druk Noodles	Bhutan	400g	NA	NA	NA
17		Buckwheat Noodles	Bhutan Ramen (Phuntshok Pal Biew)	Bhutan	-	NA	NA	NA
18		Spaghetti	Gustora Fettucini	India	500g	NA	NA	NA
19		Fusilli Pasta	Finosta	India	500g	150	150	150
20		Elbow Pasta	Keya	India	500g	130	130	130
21	Frozen and Processed Meat Products	Tuna Chunk in Soya Oil	Nautilus Lite	Thailand	125g	175	175	175
22		Tuna in Vegetable oil	Brook	Thailand	125g	NA	NA	NA
23		Chicken Frankfurter Sausage	BLDC, Bhutan	Bhutan	450g	NA	NA	NA
24		Chicken Sausage (Local Flavored)	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
26		Pork Ham	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
27		Chicken Sausages	Keventer	India	500g	NA	NA	NA

28	<b>Breakfast Cereals &amp; Biscuits</b>	Cornflakes (original)	Kellogs	India	250g	175	175	175
29		Muesli (Fruit and Nut)	Bagrrys	India	500g	65	65	65
30		Chocoflakes	Shanti	India	375g	285	285	285
31		Good day Biscuit (Butter)	Britannia	India	250g	30	30	30
32		Marie Gold Biscuits	Britannia	India	250g	30	30	30
33		Cream Crackers (original)	Hup Seng	Malaysia	428g	115	115	115
34		Cream Crackers	Munchy	Malaysia	300g	120	115	118
35		White Oat	Bagrrys	India	500g	NA	NA	NA
36		<b>Dairy and Poultry Products</b>	Toned Milk	Amul Taaza	India	1 ltr	70	70
37	Toned Milk		Keventer	India	1 ltr	65	65	65
38	Toned Milk		Go	India	1 ltr	NA	NA	NA
39	Toned Milk		Zimdra Nutrilife	Bhutan	1 ltr	70	70	70
40	Fresh Milk		Local	Bhutan	1ltr	NA	NA	NA
41	Processed Butter		Amul	India	500g	NA	NA	NA
42	Fresh Butter		Local	Bhutan	1kg	NA	NA	NA
43	Fresh Cheese		Local	Bhutan	1 ball	NA	NA	NA
44	Processed Cheese		Amul Cheese Block	India	1kg	NA	NA	NA
45	Processed Cheese		Britannia Cheese Block	India	1kg	510	490	500
46	Processed Cheese		Go Cheese Block	India	1kg	NA	NA	NA
47	Processed Cheese		Koufuku (Druk Dzambala)	Bhutan	1kg	485	485	485
48	Egg		Local	Bhutan	1 tray (30 eggs)	420	390	405

49	Tea, Coffee, Sweetener & Salt	Milk Powder	Everyday, Nestle	India	800g	425	395	413
50		Milk Powder	Everyday, Nestle	India	400g	210	200	207
51		Milk Powder	Nestle CoffeeMate	Thailand	450g	450	230	340
52		Milk Powder	Nestle CoffeeMate	Thailand	900g	420	420	420
53		Milk Powder	Kreamtop	Thailand	1kg	420	385	398
54		Tea Leaves	Taro Taza Gold	India	500g	290	290	290
55		Tea Leaves	Brooke Bond Red Label	India	500g	265	245	255
56		Refined Sugar	Gobind Crystal Sugar	India	850g	45	45	45
57		Refined Sugar	Amrit Gold Crystal Sugar	India	750g	NA	NA	NA
58		Coffee	Nescafe Classic	India	200gm	310	155	233
59		Coffee	Moccona Classic	Thailand	190gm	350	350	350
60		Coffee	Nescafe Gold	Thailand	100g	490	490	490
61		Salt	TATA	India	1kg	45	20	30
62		Salt	Saffola	India	1kg	45	40	43
63	Fruit Juice and Squash	Apple Juice	Zimdra Nutrilife	Bhutan	1ltr	129	95	112
64		Guava Juice	Zimdra Nutrilife	Bhutan	1ltr	129	95	112
65		Orange Juice	Zimdra Nutrilife	Bhutan	1ltr	129	60	95
66		Litchi Juice	Zimdra Nutrilife	Bhutan	1ltr	129	90	110
67		Mixed Fruit	Zimdra Nutrilife	Bhutan	1ltr	129	129	129
68		Orange Squash	Druk (BFPPL)	Bhutan	1.5ltr	130	120	125
69		Lemon Squash	Druk (BFPPL)	Bhutan	1.5ltr	130	120	125
70		Orange Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	130	120	127
71		Lemon Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	130	120	127

72		Apple Juice	Royal Bhutan (BAIL)	Bhutan	1 L	95	95	95
73	<b>Edible Oil</b>	Groundnut oil	Fortune Goldnut	India	5ltr	NA	NA	NA
74		Soyabean oil	Saffola Gold	India	5ltr	1240	1230	1235
75		Soyabean oil	Fortune Refine Oil	India	5ltr	620	620	620
76		Soyabean oil	Natural Lite	India	4.5 ltr	600	575	588
77		Soyabean oil	Happy Makhu	Bhutan	3.9ltr	NA	NA	NA
78		Olive oil	Oleev Active	India	5ltr	NA	NA	NA
79	<b>Toiletries</b>	Toothpaste	Colgate Max Fresh	India	150g	100	100	100
80		Toothpaste	Colgate Active Salt	India	200g	105	105	105
81		Toothpaste	Dabur Red	India	100g	100	100	100
82		Bathing Soap	RB Dettol	India	125g	55	55	55
83		Bathing Soap	Hul Life Buoy	India	65g	35	35	35
84		Dishwashing Soap	Exo Round Bar	India	500g	70	50	60
85		Dishwashing Soap	E&B Dishwashing Soap	China	400g	110	110	110
86		Detergent	Henko Stain Champion	India	5kg	740	740	740
87		Detergent	Mr White	India	1kg	NA	NA	NA
88		Sanitary Napkin	Stayfree Secure Extra Large	India	-	36	30	33
89		Sanitary Napkin	Stayfree Dry Max	India	-	90	90	90
90		Sanitary Napkin	Orfit	India	-	35	32	34
91		Sanitary Napkin	Sofy	Thailand	-	NA	NA	NA
92		Tissue Roll	Zilk	Thailand	1 roll	25	20	23
93		Tissue Roll	Pulppy	Hongkong	1 roll	NA	NA	NA
94		Tissue Roll	Meto	Bhutan	1 roll	25	25	25

\*The market price has been collected from 5 major grocery shops of the dzongkhag